

SYNTHESIS OF DEUTERATED β -CAROTENE

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SUMMARY

The synthesis of $10,10',19,19,19,19',19',19'-^2\text{H}_8$ - β -carotene is described. The double condensation ($\text{C}_{15}+\text{C}_{10}+\text{C}_{15}=\text{C}_{40}$) of the Wittig salt of $9,9,9,10-^2\text{H}_4$ - β -ionylidene ethanol with the symmetrical C_{10} dial $2,7$ -dimethyl- $2,4,6$ -octatrienedial led directly to $^2\text{H}_8$ - β -carotene. The symmetrical labelling pattern of this deuterated β -carotene will function as a tracer for the study of β -carotene metabolism in humans.

Keywords: Deuterated β -carotene; $10,10',19,19,19,19',19',19'-^2\text{H}_8$ - β -carotene; $9,9,9,10-^2\text{H}_4$ - β -ionylidene ethanol; $9,9,9,10-^2\text{H}_4$ - β -ionylideneethyl triphenyl phosphonium bromide; carotenoid synthesis.

INTRODUCTION

Among the many carotenoids present in nature all-trans- β -carotene exhibits the greatest provitamin A activity (1). Dietary β -carotene is thus a nutritionally important source of vitamin A. The central cleavage of β -carotene in the gut to yield vitamin A has been previously characterized (2,3). However, the extent of any asymmetric cleavage has yet to be determined. Recent epidemiological studies indicate that diets high in carotenoids are correlated with a lower cancer risk (4). The mechanism by which this protective effect is exerted is just beginning to be elucidated (5). To define

more clearly several aspects of β -carotene metabolism in humans, we have synthesized $10,10',19,19,19,19',19',19'-^2\text{H}_8$ - β -carotene.

DISCUSSION

We have previously reported the synthesis of deuterated analogues of vitamin A (6). One of the key intermediates in the synthesis of $10,19,19,19-^2\text{H}_4$ -retinol is the tetra deuterated C-15 component $10,15,15,15-^2\text{H}_4$ - β -ionylidene ethanol **1** (figure 1). Conversion of this deuterated C-15

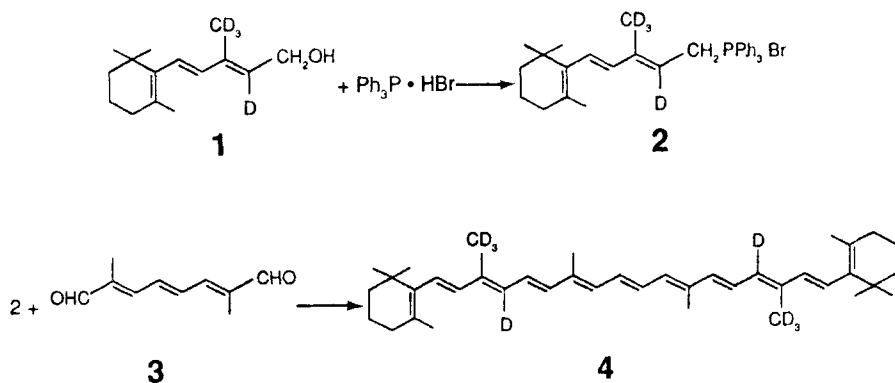


Figure 1. Synthesis scheme for $^2\text{H}_8$ - β -carotene

alcohol to the Wittig salt **2** and the double condensation ($\text{C}_{15} + \text{C}_{10} + \text{C}_{15} = \text{C}_{40}$) with the C-10 dial 2,7-dimethyl-2,4,6-octatriene-dial **3** led directly to $10,10',19,19,19,19',19',19'-^2\text{H}_8$ - β -carotene **4**. Yields for the synthesis of the deuterated β -ionylidene ethanol from β -ionone were approximately 75%. Conversion of the C-15 alcohol to the Wittig salt was accomplished by the equimolar addition of triphenyl phosphonium hydrobromide to a stirred solution of the $^2\text{H}_4$ -C-15 alcohol in dry methanol. A crude product (97%) was obtained that crystallized from THF. The condensation of the C-15 Wittig salt with the C-10 dial **3** in a 2:1 molar

ratio led directly to $^2\text{H}_8$ - β -carotene in a 25% yield. Alternatively, adding an excess amount of the C-10 dial to the $^2\text{H}_4$ -C-15 ylide gave 10,19,19,19- $^2\text{H}_4$ -12'-apocarotenal (data not shown).

The double condensation of the deuterium-labelled C-15 Wittig salt with the C-10 dial is an extension of the approach first used by G. Wittig (7) for the synthesis of β -carotene and, later, in the commercial synthesis of β -carotene (8).

Deuterium incorporation was 8.5% $^2\text{H}_6$, 29.4% $^2\text{H}_7$, 58.0% $^2\text{H}_8$, for a total of 96% as $^2\text{H}_6$, $^2\text{H}_7$, and $^2\text{H}_8$. Less than 0.06% of the product had a m/e of 536 (i. e., that of naturally occurring β -carotene). The central cleavage of this symmetrically labeled $^2\text{H}_8$ - β -carotene in vivo should yield two molecules of vitamin A with identical labeling.

EXPERIMENTAL

All reactions were performed under F-40 Gold fluorescent lamps. Mass spectral analysis was performed on a Finnegan 4000 quadrupole mass spectrometer. NMR data was collected on a Nicolet 300-MHz instrument. Tetrahydrofuran (THF) was used after distillation from lithium aluminum hydride (LAH) under an inert atmosphere. All reactions were performed under argon whenever possible.

Preparation of 9,9,9,10- $^2\text{H}_4$ - β -ionylideneethyl triphenyl phosphonium bromide

9,9,9,10- $^2\text{H}_4$ - β -Ionylidene ethanol was prepared as previously described (6,9). To 0.045 moles (9.86 g) of $^2\text{H}_4$ - β -ionylidene ethanol in 100 ml freshly distilled methanol was added 0.045 moles (15.3 g) triphenyl phosphonium hydrobromide (Alfa Products, Danvers, MA). The solution was

stirred for 1 h at room temperature. TLC analysis (Machery-Nagel Polygram-Sil G/UV₂₅₄, 5% ethylacetate/hexane) showed complete conversion of the alcohol to the salt. The solution was rotary evaporated at <30°C, and the residual oil washed with 2 X 100 ml hexane. Any remaining solvent was removed under vacuum (0.5 mm Hg), after which 23.9 g (0.044 moles, 97%) of a crude crystalline solid was recovered. This crude salt crystallized from a minimum volume of THF to give white crystals of 9,9,9,10-²H₄-β-ionylideneethyl triphenyl phosphonium bromide, mp 133-136°C (c.w. lit. 135-137°C) (10).

Preparation of ²H₈-β-carotene

A stirred solution of recrystallized 9,9,9,10-²H₄-β-ionylideneethyl triphenylphosphonium bromide (20.6 g, 37.8 mmoles) in 1 liter of THF was cooled to -70°C in a dry ice/acetone bath. Butyllithium (37.4 mmoles, Aldrich, Milwaukee, WI) in hexane was added dropwise. The solution was stirred for 2 h, at which time 2.95 g (18.0 mmoles) of 2,7-dimethyl-2,4,6-octatrienedial 3 (recrystallized from ethyl acetate) in 25 ml THF was added dropwise. The reaction mixture was stirred overnight and allowed to warm to room temperature. TLC analysis showed β-carotene as a major product with the mono-addition compound (12'-apocarotenal) as a minor product. The reaction mixture was poured into hexane and washed successively with water (2 X 500 ml), methanol/H₂O (95/5, 2 X 1000 ml) and brine. Drying (MgSO₄) and recrystallization of the residue from hexane/methanol (1/2) yielded 2.5 g of crystalline 10,10',19,19,19,19',19',19'-²H₈-β-carotene (25%).

Comparison of the 300-MHz ¹H NMR of ²H₈-β-carotene with an authentic sample of β-carotene confirmed the structure of

the deuterated compound. The only differences were a reduction of intensity at 1.97 ppm ($9,9'$ -C²H₃), the absence of a signal at 6.14 ppm (d, J=11Hz, $10,10'$ -C²H) and the collapse of a multiplet at 6.65 ppm ($11,11'$ -CH) due to replacement of the protons at $10,10'$ -CH. The UV spectrum was identical to β -carotene, λ_{\max} 448,476,425 nm. HPLC analysis (Waters Resolve, 5 μ m: 5% CH₂CL₂ in MeOH) revealed only trace amounts of cis isomers. Mass spectral analysis showed m/e 536 (D₀), 0.05%; 537 (D₁), 0.13%; 538 (D₂), 0.27%; 539 (D₃), 0.55%; 540 (D₄), 0.78%; 541 (D₅), 2.2%; 542 (D₆), 8.5%; 543 (D₇), 29.4%; 544 (D₈), 58.0%.

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